

## **Monday, October 1, 2018**

Reminder: This Wednesday, Oct. 3 is school pictures! Give your picture envelope to the photographer when you get your picture taken on Wednesday and Bring Your Smile :)

October is Bully Awareness Month. Thank you to everyone who wore a blue shirt today! Please take time in Homeroom to discuss how you can change the culture at our school. Hold a discussion in your classroom where you allow students to openly speak and discuss their experiences with bullying and cyberbullying, and how these experiences have affected them and how they dealt with these moments.

Attention 5th & 6th grade girls...Basketball tryouts begin Tuesday, October 9 and end Thursday, October 11. We begin at 6:30am in the large gym. Enter thru the ESP side of the building only! You must have a current waiver and physical on file, plus all fees paid. Any questions see Coach Spaeth or Coach Miller.

## **Tuesday, October 2, 2018**

The following 7th grade girls are able to tryout today after school till 4:30. Shayla J, Nyla W, Madison T, Amya J, Isabelle F, Serenity C, Tajoya D, Amantui S, Julissa C. We will see you girls at tryouts. Good luck ladies! If you did not hear your name then you still need to turn in a current physical, sports waiver, and or have fees due to the office. Please see Coach Weiler in the elementary gym if you have any questions.

Reminder: Tomorrow is picture day. Please turn in your picture order envelope to the photographer when you get your picture taken. If you have your parent's permission, everyone should get their picture taken tomorrow, even if you are not ordering pictures. Bring your Smile too :)

Attention 5th and 6th grade girls...basketball tryouts start Tuesday, October 9 at 6:30am. You must have a current physical and waiver on file, plus all fees paid to tryout. Any questions please see Coach Spaeth or Coach Miller.

Our first PBIS reward party will be the end of this month. The teachers and staff are looking forward to celebrating students who make positive choices daily! Continue to work hard, be prepared for class, and shine like a star!

### **Wednesday, October 3, 2018**

It's Picture Day!! Give your picture order envelope to the photographer when you get your picture taken. Everyone who has permission to have their picture taken MUST have it taken for the yearbook, even if you don't order pictures!! Remember to Smile :)

Mrs. Jbour's Girls' Group will meet Thursday instead of Wednesday this week. Please come to Mrs. Jbour's room at 1:00 tomorrow. Please be sure to observe hallway expectations on your way to her room, and follow the directions given to you by any staff member.

### **Thursday, October 4, 2018**

Do you have Bomber Pride? It's time again for you to wear red, black, white or your Bomber gear. Spirit day is Tuesday, October 9th. The classroom with the highest percentage of students showing Bomber Spirit win and are entered into a drawing for a FREE pizza party!

Mrs. Jbour's Girls' Group will meet today. Please come to Mrs. Jbour's room at 1:00. Please be sure to observe hallway expectations on your way to her room, and follow the directions given to you by any staff member.

Congratulations to the following 8th grade boys for making this year's basketball team.

Christian D, Josh E, Gerald G, DeAndre G, Alex J, Jordan L, Tygie M, Malik N, Tobias N, Jordan P, Jasun P, Landyn R, and Armon S. Practice today right after school until 4:30!

Good luck to Cora T, Caleb V, and Lauren C. who will be auditioning for the Illinois Music Educators Association District Festival band on Monday at Mascoutah Middle School. We know you will represent Belle Valley well. Good luck!

### **Friday, October 5, 2018**

Teacher's Institute - No School

### **Monday, October 8, 2018**

Columbus Day – No School

## **Tuesday, October 9, 2018**

Congratulations to the POP winners for September:

Marvelous W, Marcus G, Jordan L, Meghan S, & Jordan H.

Please come to the office after these announcements.

Congratulations to our TOP Winner for the month of September. Mr. Clark! His dedication to our Belle Valley students is always present. During the year he is consistently coaching, keeping score book, and helping in other manners to spend extra time outside of the school day with our students. His dedication shows in the relationships that he builds with his students. On top of this he is also awesome to work with. He always asks if there is anything he can do to help support his team and to help improve himself. His positive can do attitude helps on the difficult days.

Mrs. Jbour's Health Class should bring any Sharpie Markers they have to class today.

## **Wednesday, October 10, 2018**

Today is an early dismissal day. Dismissal time is 1:15pm

Please remember we are a phone free school. This includes time spent on the bus.

Mrs. Eells wants to give a shout out and Bee Gram to Shyanne C. for cleaning up trash in the hallway without being told to do so. Way to go Shyanne! Keep up the good work!

## **Thursday, October 11, 2018**

Attention 5th and 6th grade boys interested in playing basketball. Tryouts will be held on Monday and Tuesday of next week from 6:15-7:15 in the morning. Remind your parents that you need to be dropped off at the ESP entrance on the elementary side of the building. You must have a current physical, signed sports waiver, and all fees paid. See you Monday morning bright and early!

Attention 7th and 8th graders, save the date for Friday, October 26th for the fall dance! The theme is zombie prom, so start thinking about your outfit and brush up on your thriller dance moves. More information will be posted in the hallway next week. See you there! Make sure all your fees are paid too!!

### **Friday, October 12, 2018**

Attention 7th and 8th graders, save the date for Friday, October 26th for the fall dance! The theme is zombie prom, so start thinking about your outfit and brush up on your thriller dance moves. More information will be posted in the hallway next week. See you there!

Congratulations to the following girls for making the BV 5th grade basketball team! Kimya M, Aspen R, Jenasis S, Marvelous W, Camryn W, and Jehda Ws. Practice starts Tuesday...yes, Tuesday morning at 6:30am sharp! Go Bombers!!!

If you've ever been isolated from others at school or you were new at school and it took time to make friends, you know what it feels like to be left out. Or even if you were never isolated, imagine how it would feel. Make friends with someone at school who you don't know. You probably wish someone had done that for you. Be a leader. Take action and don't let anyone at school be in isolation.

### **Monday, October 15, 2018**

Mrs. Jbour's Girls' Group will meet tomorrow in her classroom at 1:00. Please observe hallway expectations on your way there. If you are a 7th grade member, please wait to be released by staff members to come upstairs.

Attention 7th and 8th graders, do you have the best dance moves in the school? Well, be sure to come on out Friday, October 26th from 7-9 for the school dance and prove it. The theme is Zombie Prom, so start thinking about your costumes now. Face paint is allowed, but no masks. There will be pizza, candy, chips, and soda available for purchase. See you there!

Students have the power to make a difference and be a game-changer for their friends, their teachers, their school, and loved ones in their community because students know what many adults don't know. They know about other students who are struggling because they are being bullied or abused or having ideations about suicide and self-harm. Be a hero and join the next Stand for the Silent meeting next week. Together we can make a difference!

## **Tuesday, October 16, 2018**

Mrs. Jbour's Girls' Group will meet today in her classroom at 1:00. Please observe hallway expectations on your way there. If you are a 7th grade member, please wait to be released by staff members to come upstairs.

Great job to all of the band and chorus students on a fantastic concert last night! Mrs. Haas and Mrs. Bennett are very proud of you!

Congratulations to Lauren C! She went through a grueling audition process and was chosen to represent Belle Valley in the Illinois Music Educator's All District Band in November at Belleville West. Way to go Lauren!

## **Wednesday, October 17, 2018**

Attention 7th and 8th graders, do you have the best dance moves in the school? Well, be sure to come on out Friday, October 26th from 7-9 for the school dance and prove it. The theme is Zombie Prom, so start thinking about your costumes now. Face paint is allowed, but no masks. There will be pizza, candy, chips, and soda available for purchase. See you there!

Middle schoolers, do you want to be able to potentially save up to three lives? If you answered yes, then bring in a parent, aunt or uncle, or older sibling 16 years or older to our annual blood drive on Tuesday, October 23 from 3-7 pm. In addition to the satisfaction of saving lives, each student who brings in an adult to attempt to donate receives a hip pair of sunglasses with a soft, felt case in which to store them. Also, back by popular demand is the oversized "Future Blood Donor" sticker that you can use to add some much needed pizzazz to your plain binder or notebook.

The 7th grade girls' basketball team's season got off to a great start last night as they won their first game of the EMGE preseason tournament beating Joseph Arthur Middle School by the score of 19-2. Their tenacious defense never gave JAMS a chance. Way to be aggressive and read the play girls. It was really nice to see these girls working so well together and cheering each other on as they made amazing plays all game long. Shianne C.n led the charge with 5 steals and 6 points scored. Many others joined in to complete this excellent team effort: Nyla W. with 4 points, Shayla J. with 4 points, Daja S. with 4 points, and Izzy Fries with one made free throw. Awesome first game ladies, we will be right back at it today to face Pontiac, a strong opponent. Stay after school as the bus will leave a 4 o'clock again.

When you see someone being bullied be brave and STAND UP for them. Bullies have been known to back off when others stand up for victims. If you don't feel safe get the help of an

adult immediately. Be part of the solution -- not the problem! It's a time to see celebrate our differences and share our similarities.

### **Thursday, October 18, 2018**

According to the web site gotshades.com, the top 5 celebrities who love to wear sunglasses are:

Sir Elton John

Anna Wintour

Lada Gaga

Victoria Beckam

Bono

If you want to earn a free pair of your own cool sunglasses, simply bring in a family member who is at least 16 years or older to our 2nd annual Blood Drive on Tuesday, October 23rd from 3-7. You will also earn a personalized "future blood donor" card, the regionally famous oversized sticker, and the satisfaction of potentially saving up to three lives. Contact Mr. Spaeth for questions about how you can help.

The 7th grade girls' basketball team had another great game last night beating Pontiac 22-12. Our lady bombers are now heading on to the championship game today at six o'clock at EMGE. Once again our bombers played tough defense and worked well together as a team. Scoring for the bombers was Madison T. and Janiya B. with 2 points, Nyla W, Shayla J, and Daja S. with 4 points, Shiane C. with 6 points. Keep up the amazing effort ladies as we aim to take first place. 7th grade girls' basketball players are to go home after school and be at EMGE no later than 5:30. There will not be a bus, please be sure you have made necessary arrangements for a ride to the game. Be sure to be at EMGE no later than 5:30.

Please dismiss the band students and cheerleaders today at 1:15 to prepare for the pep assembly.

### **Friday, October 19, 2018**

Book fair starts next Wednesday!! Start saving your money!

Our 7th grade girls' basketball team will be adding a very nice trophy to our trophy case after coming in second place in the EMGE preseason tournament! The lady bombers played their hearts out last night, but lost to a good Shiloh team 29-14. It is still very early in the season and our lady bombers will learn from our mistakes and come back stronger and ready compete for first place at the end of the season tournament. This team should be proud of what they have accomplished so far but ready to learn and improve every day. Scoring last night for the bombers: Janiya B. and Madison T with one made free throw, Shayla J. and Isabelle F. with 2 points. Nyla W. and Daja S. with 4 points.

Middle School Students, don't forget to ask your adult family members to donate blood this Tuesday in the cafeteria from 3-7 pm. Making an appointment is easy and can be done on [redcrossblood.org](http://redcrossblood.org). No appointment? No problem. Just ask them to walk in. The whole process only takes a matter of minutes, and can save up to three lives. Remember, the only way to get a pair of custom Red Cross Sunglasses is to bring in someone to donate.

### **Monday, October 22, 2018**

Starting today until October 31st is Red Ribbon Week. This week is celebrated nationwide and is a way to urge students to make good choices and be drug free. By now you'll have noticed a Red Ribbon taped to your locker. Please keep these ribbons on your locker all week to symbolize your pledge to stay drug free. Afterwards, they can definitely be used as a good book mark. Also, don't forget that tomorrow's dress up day is "Use your head, put a Cap on drugs!" Show this off by wearing crazy hair or a crazy hat.

Book fair starts Wednesday!! Start saving your money!

Tomorrow is our 2nd annual Belle Valley Blood Drive! There is still time to convince an adult family member to come in to donate blood from 3-7 pm in the cafeteria. Giving blood gives life, and will also give you a free pair of sunglasses. Appointments can be made on [redcrossblood.org](http://redcrossblood.org), and walk-ins are also encouraged.

### **Tuesday, October 23, 2018**

Good morning, Belle Valley! Today is Tuesday, Oct. 23rd. Sometimes, other people tell us to do things we know we shouldn't do – like treat another person badly, cheat on a class assignment,

not share the things you have, or tell someone they're not a friend. Think for yourself and make good, smart choices that are good for you!

### **Red Ribbon Week** - Did you know...? (Marijuana Facts)

- A lot of people believe the myth that marijuana is not addictive, but it's not true. In fact, about 1 in 11 people become addicted to marijuana.
- Marijuana can hurt your lungs, affect your thinking skills, and alter your motor skills.
- "Spice" (also known as K2) is considered to be a "fake" version of marijuana. Spice has put lots of people into emergency rooms with symptoms like vomiting, confusion, and hallucinations.

"Team up against drugs" tomorrow and wear a jersey or athletic gear!

Today is the day! Our 2nd annual Belle Valley Blood Drive is in the cafeteria from 3-7 pm right after school. Thank you to all of the sixth grade students who are volunteering to help save lives today. Any Belle Valley student can still ask his or her adult family member to come in to donate after school, and he or she will receive the free sunglasses, an oversized sticker, and a personalized future blood donor card.

Attention all basketball players and staff...basketball apparel orders must be in by Wednesday at midnight. If you need the information sheet with the website please see Coach Miller.

Make kindness go viral with an act of kindness and challenge friends and classmates to pay it forward with their acts of kindness.

Attention 5th and 6th graders: Today the Stand for the Silent members will meet during their lunch period in Ms. Brombolich's room for a meeting. Get your lunch and go straight to Ms. Brombolich's room. Your teachers have the passes.

Book fair starts next Wednesday!! Start saving your money!

7th and 8th graders, looking for something fun to do this Friday night? Well get all your friends together and come out to the school dance from 7-9! It's only \$5 to get in and there will be music, prizes for best costume and best group thriller dance, as well as tons of pizza, candy, and soda available for purchase. It's going to be lit!

## **Wednesday, October 24, 2018**

The 8th Grade boys' basketball team kicked off their season last night in the Milton Wiley Tournament at Central JH. The Bombers played a well-disciplined and good shooting Millstadt team. Our Bombers came ready to play on offense and defense jumping to an early lead and never looking back. We led at the half with a score of 24-5, and finished the game with a victory 40-21. Scoring included: Jordan P-19 points with 5 3-pointers, DeAndre G had 4 points, Jasun P hit a couple of 3's to add 6 points, Christian D had 4 points and multiple rebounds, Malik N and Armon S each added 2 points, and Landyn R hit a big 3. Toby N, Christian D, and Alex J shut down scoring in the low post with tough defense. Our next game is tonight at 7:00 vs the host Central JH Raiders. Pictures today right after school, players should be picked up at 3:30. Showtime for tonight's game is 6:15. GO BOMBERS!!!!

The 8th grade girls' basketball team started their season last night with a win of 20-8 over High Mount. Scoring for the bombers were Lauren B, Taylor J, Jakaya DG, Kourtaviah R, Daisha D. Our next game is tomorrow night against West Jr. High. Players need to be at Central Jr. High by 4:30 dressed and ready to play. GO BOMBERS!!!

7th and 8th grade boys and girls basketball teams, along with the cheerleaders will have team pictures today right after school. If you forgot to bring your uniform ask your homeroom teacher for permission to use their phone or go to the office to make a call home.

Thank you to everyone who helped make our 2nd annual Belle Valley Blood Drive a success! The blood collected last night has the potential to save 57 lives! Special thanks goes to the students who volunteered their time working the registration table, providing snacks and juice for donators, and visiting with people as they donated. These students were Carter L, Jillian B, Briannah R, Elijah W, Deandre W, Jaiden S, and Mya TI. Also, special thanks to the teachers who came to donate, including Mrs. Martin, Miss Alibaikzadeh, Ms. Fuentes, Miss Dawn, and Mrs. Zeiter.

Will the following students please join Mrs. Jbour for pizza luncheon tomorrow in the life skills room at 12:15: Christian D, Caleb L, Christopher M, Kaleb S, Eldrick W, Ryan S, Tobias N.

Mrs. Jbour's Girls' Group will meet today in her classroom at 1:00. Please observe hallway expectations on your way there.

Attention all basketball players... Today is the last day to place your online order for apparel. You have until midnight tonight to get your order placed! And teachers, you can order too!

### **Red Ribbon Week - Did you know...? (Tobacco Facts)**

About 440,000 Americans die every year from diseases associated with tobacco use.

Smokeless tobacco increase your risk of getting cancer.

E-cigarettes and other vaping devices are NOT risk-free and contain nicotine which is a highly addictive drug with serious health risks.

Let's "shade out drugs" tomorrow and wear sunglasses!

7th and 8th graders, looking for something fun to do this Friday night? Well get all your friends together and come out to the school dance from 7-9! It's only \$5 to get in and there will be music, prizes for best costume and best group thriller dance, as well as tons of pizza, candy, and soda available for purchase. It's going to be lit!

### **Thursday, October 25, 2018**

Will the following students please join Mrs. Jbour for pizza luncheon today in the life skills room at 12:15: Christian Dudley, Caleb L, Christopher M, Kaleb S, Eldrick W, Ryan S, Tobias N.

### **Red Ribbon Week - Did you know?**

In the U.S., about 5,000 people under age 21 die each year from injuries caused by underage drinking, more than 40% in car crashes.

More than 4 in 10 people who begin drinking before age 15 eventually become alcoholics

Research indicates that alcohol use during the teenage years could interfere with normal adolescent brain development. In addition, underage drinking contributes to a range of acute consequences, including injuries, sexual assaults, and even deaths.

"We mustache you not to use drugs!" Wear those mustaches tomorrow!!!

7th and 8th graders, looking for something fun to do this Friday night? Well get all your friends together and come out to the school dance from 7-9! It's only \$5 to get in and there will be music, prizes for best costume and best group thriller dance, as well as tons of pizza, candy, and soda available for purchase. It's going to be lit!

The 8th grade boys' basketball team advanced in the Milton Wiley Tournament last night with a victory over the host Central JH Raiders. It was a close game for all 4 quarters, with the Bombers eventually coming out on top 39-35. Although we didn't play our best game, we played as a team and got the victory. Scoring for the Bombers included, Jordan P, Christian D, Alex J, and Jordan L. Our Bombers will play in the championship game tonight at 8:15, the

game will be played at Central JH. Players should go home right after school and show up at Central no later than 7:30 in white uniforms. GO BOMBERS!

### **Friday, October 26, 2018**

You've heard drug, alcohol, and nicotine facts all week, so what can you do to stay away from these?

- Don't be afraid to say no.
- Connect with friends and avoid negative peer pressure
- Enjoy Life and Do What You Love - Don't Add Alcohol and Drugs
- Get Educated About Alcohol and Drugs
- Be a Role Model and Set a Positive Example

Jean'iuses say NO to drugs! Wear as much denim as possible on Monday for Red Ribbon Week!!

The 8th grade boys' basketball team faced the Shiloh Wildcats in the championship game of the Milton Wiley Tournament last night. The Bombers struggled to play team basketball, but kept the game close with their athletic ability. We were down at the half 22-16 and made attempts to come back, but eventually lost the game 32-24. Scoring included: Jordan L, Jordan P, DeAndre G, Christian D, and Alex J. It is early in our season, and we will correct the things we need to do better. Great job, boys. Our next game is Monday at High Mount. Practice today right after school until 4:30.

The 8th grade girls' basketball team played against West Jr. High last night at the Joe Arthur Breast Cancer Awareness Tournament. The girls played a fast paced game and we were tied 10-10 at the half but the Westerners picked up the pace and won 22-15. Shout out to Taylor J. who made 8 of 10 free throws, keeping us in the game until the end! Scoring for the Bombers were Lauren B, Taylor J, Kayla , Jakaya DG, and Kourtaviah R. Way to play hard and hustle to the end of the game. We have practice tonight until 4:30.

Cheerleaders, don't forget that there is no practice today and our next practice is Monday night. Instead, Mrs. Eells will see you all at the dance tonight!

Speaking of the dance, don't forget that tonight is the night! Get all your friends together and come have a good time from 7-9. Admission is \$5 and there will be candy, pizza, and soda for purchase. Mr. Strausbaugh will be showing off his sweet dance moves, so you won't want to miss it. See you all there!

## **Monday, October 29, 2018**

Attention cheerleaders, today's practice has been changed to AFTER SCHOOL! Please call home and let your parents know this morning. Mrs. Eells knows there is an away game today, but we will be having after school practice instead.

BEE drug Free! Wear yellow and black tomorrow to show your commitment to having a drug free life!

## **Tuesday, October 30, 2018**

Red Ribbon week has been super exciting and the decorations have been filling the hallways, bulletins, and doors. Teachers you did an amazing job on all of the decorations and we appreciate each one of your contributions. There have been three winners selected from the middle school side and three from the elementary side. For the middle school teachers, coming in 3rd is Mrs. Eells, 2nd place goes to Mrs. Stevens, and the winner is Mrs. Jackson-Taylor.

For the Elementary Teachers, coming in 3rd place is Mrs. Douglas and Miss Lounsberry, coming in 2nd is Mrs. Mary Lu and Mrs. Fagan, and our 1st place winner is Mrs. Childress.

Thanks again and congrats to all!!!

The 8th grade girls' basketball team defeated High Mount last night 30-10. The game started out a bit slow but the Lady Bombers picked up the pace and dominated with great defense and teamwork. Scoring for the Bombers were Madison H, Lauren B, Taylor J, Alyssa C, Kayla S, Jakaya DG, Kourtaviah R, and Daisha D. We play at Emge tonight. Meet in Ms. Belt's room after school for the 4:00 bus.

The 7th grade boys' basketball team started their regular season on the road last night at High Mount. The Bombers started their season with a 57-14 win, taking them to 1-0. Leading the charge with 10 points was Jahkori A. Everyone on the team had an opportunity to play, allowing everyone to score at least one basket. The Bombers take the court again tonight, at home, against Emge at 6:00. Players should go home right after school and report back no later than 5:05. Come out and support your 7th grade bombers!

The 8th grade boys' basketball team started their regular season on the road last night vs High Mount. The Bombers played tough defense and worked the ball around on offense. The Bombers won the game 48-20 to start our season 1-0. Scoring for the Bombers included: Jordan L, Jordan P, Armon S, Christian D, and Alex J. Our next game is tonight at home vs Emge.

Players should go home after school and come back no later than 6:15 for a 7:00 game. GO BOMBERS!

### **Wednesday, October 31, 2018**

Congratulations to the 5th grade boys' basketball team on their home opener against Emge. They played great offense scoring 23 and were rock solid on defense allowing only 4 points. Point scores for the game included: JaMarcus E, Terrio B, Marcus B, Arthell M, Jashawn H, and Freddie Y. Great work boys!

The 6th grade boys' basketball team faced the Emge Eagles in our first game of the season. The Bombers played good defense and beat the Eagles with a score of 17-6. Scoring included: Xavien M, Reggie K, DaShaun Ge, Jeano P, Lee S, and TJ Y. Great job, boys! Our next game is Wednesday night against Whiteside and will be here at Belle Valley.

The 7th grade boys' basketball team won their second game of the season last night against Emge. The Bombers, led by Jahkori A with 20 points and 16 rebounds, won 47-44. The game started out slow for the Bombers, but once the baskets started falling, they fell hard. The Bombers entered half time with a 32-16 lead. Emge came out in the second half playing very strong defense and scoring on almost every possession. But with determination, the Bombers held on for the victory. Practice today right after school. LETS GO BOMBERS!!!

The 8th grade boys' basketball team played their first home game last night vs Emge. The Bombers came out shooting lights out and never looked back. The final score was 47-20 and brings our season record to 2-0. Scoring for the Bombers was Jordan Ls, Jordan P, Gerald G, Malik N, Armon S, Christian D, and Alex J. Practice today right after school until 4:30. GO BOMBERS!!

The 8th grade Lady Bombers lost a great game last night to Emge 26-23. Emge came out strong but Belle Valley dominated the second half closing the 11 point gap. Scoring for the Bombers were Taylor J, Kayla S, and Kourtaviah R. We have practice tonight until 4:30.

The 7th grade girls' basketball team started their regular season off in fine fashion last night, beating EMGE 30-8. Our Lady Bombers were in control the entire game. It was a great team effort as everyone played an important role in the impressive victory. Scoring last night was Serenity C. with 8 points, Daja S. with 6 points, Shayla J. and Shianne C. with 5 points, Isabelle F, Janiya B, and Amya J. with 2 points. Great game ladies! No practice today, Happy Halloween. Be sure to practice on your own over the long weekend. We will have an optional practice Saturday morning. Check the Remind app for details and times.