Belle Valley School District 119



Athletic Handbook 2023-2024

Belle Valley District #119 Athletic Activities Guide

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Belle Valley Sports

Fall Sports: Tryouts for fall sports are in early August

- → Softball Tryouts open to all girls in grades 5th, 6th, 7th and 8th
- → Baseball Tryouts open to all boys in grades 5th, 6th, 7th and 8th
- → Soccer Tryouts open to all girls & boys in grades 5th, 6th, 7th & 8th

Early Winter Sports: Tryouts for early winter sports are in early October unless noted below

- → Cheerleading Tryouts open to girls in grades 7th & 8th (tryouts in Sep)
- → Girls' Basketball Tryouts open to girls in grades 5th, 6th, 7th & 8th
- → Boys' Basketball Tryouts open to boys in grades 5th, 6th, 7th & 8th

Late Winter Sports: Tryouts for late winter sports are in late December or early January

- → Girls' Volleyball Tryouts open to girls in grades 5th, 6th, 7th & 8th
- → Boys' Volleyball Tryouts open to boys in grades 6th, 7th & 8th
- → Chess Tryouts open to girls and boys in grades 6th, 7th and 8th
- → Scholar Bowl Tryouts open to girls and boys in grades 7th and 8th
- → Bowling Tryouts open to girls and boys in grades 6th, 7th and 8th

Spring Sports: Tryouts for track are mid-March

→ Track - Tryouts open to girls and boys in grades 6th, 7th, and 8th

Belle Valley Athletic Dept Staff

| Athletic Director | |
|--------------------------|--------------------------------------|
| | Belle Valley Coaching Staff |
| Baseball | |
| Softball | Chella McCloskey and Tanner Brumgard |
| Soccer | Alex Clark and Peter Romero |
| Cheer | Lindsey Adams and Katie Eells |
| 5th Girls Basketball | Tricia Billhartz |
| 6th Girls Basketball | Faye Meissner |
| 7th Girls Basketball | Patrick Gaul |
| 8th Girls Basketball | Tricia Billhartz |
| 5th Boys Basketball | Julie Chapman |
| 6th Boys Basketball | Brian Blanson |
| 7th Boys Basketball | Tanner Brumgard |
| 8th Boys Basketball | Jamar Hemphill |
| 5th Girls Volleyball | Jennifer Kazmierczak |
| 6th Girls Volleyball | Emma Carter |
| 7th/8th Girls Volleyball | Chella McClosky |
| Boys Volleyball | Matt Weiler |
| Scholar Bowl | Erin Jbour |
| Chess | Santana Cole |
| Bowling | Brett Hinnen and Alex Clark |
| Track | Vanessa Adrian and Vacant |

Messages for coaches can be left in the office 236-5200 or email addresses for coaches can be found on the BV website under the sports tab

Belle-Fair Conference School Addresses

Central JH: 1801 Central School Rd., Belleville

Joseph Arthur Middle School: 160 St. Ellen Mine Road, O'Fallon

- → Baseball, Softball and Soccer are played at JAMS
- → Basketball and Volleyball are played at Central School (O'Fallon) 309 Hartman Lane, O'Fallon

Emge: 7401 Westchester Dr., Belleville

Grant: 10110 Lincoln Trail, Fairview Heights

- → Basketball and Volleyball are played at Grant School
- → Baseball and Softball are played at Caseyville Athletic Complex on Bunkum Rd. The fields are located on the right just after crossing Interstate 64.
- → Soccer is played at the Fairview Rec Complex, 9950 Bunkum Rd, Fairview Heights

High Mount: 1721 Boul Avenue, Swansea

- → Basketball Volleyball are played at HM school
- → Baseball, Softball and Soccer are played at Melvin Price Park, 1500 Caseyville Ave, Swansea

Pontiac JH: 400 Ashland Dr., Fairview Heights

Shiloh: 1 Wildcat Crossing, Shiloh

Signal Hill: 40 Signal Hill Place, Belleville

West JH: 840 Royal Heights Rd., Belleville

Whiteside: 111 Warrior Way, Belleville

Wolf Branch: 410 Huntwood, Swansea

Requirement to Tryout for Extracurriculars

Student participation in school-sponsored extracurricular activities is contingent upon the following:

- → All school fees must be paid and up to date. (No Pay No Play Policy)
- → The student must meet the academic criteria set forth in the Board policy on school sponsored extracurricular activities.
- → The parent(s)/guardian(s) must provide written permission for the student's participation, giving the District full waiver of responsibility for the risks involved.
- → The student must present a current certificate of physical fitness issued by a licensed physician, an advanced practice nurse, or a physician assistant who assures that the student's health status allows for active athletic participation.

Academic Criteria for Participation

For students in kindergarten through 8th grades: Selection of members or participants is at the discretion of the teachers, sponsors, or coaches, provided that the selection criteria conform to the District's policies. Students must satisfy all academic standards and must comply with the activity's rules and the student conduct code.

In order to participate in sports and extracurricular activities at Belle Valley, the student must maintain an overall C (75%) average in all subjects combined, and not be failing any subjects. NOTE: Grades are checked each mid-quarter and at the end of each quarter.

When a student does not meet academic requirements:

- → If the student does not meet the above academic criteria, the student will be informed by the Principal or Athletic Director and be placed on academic warning for 10 school days. The student is given written notification which is to be delivered to their parent(s)/guardian(s). Academic warning allows the child to continue practicing and participating in the games but working extremely hard to improve their averages in all subjects.
- → At the end of the 10-day academic warning period, the grades are checked again. If the student's grades have maintained the academic requirements, the student will be removed from academic warning. If the student's grades have not met the academic requirements, the student will be suspended from participating in all practices and games for 5 school days. At this point the parent(s)/guardian(s) will be notified.
- → After the fifth day of suspension, the grades are checked again. If the student's grades have maintained the academic requirements, the student may continue to participate in the activity. If the student has not met academic requirements, the student may not continue to participate in the activity. If the student has not met academic requirements by the end of the 15-day period, they will be dismissed from the team. The parent(s)/guardian(s) will be notified of the dismissal by the athletic director or principal.

Behavioral Criteria for Participation

If the student's behavior results in an in-school or out-of-school suspension, the student will be disqualified from participating or attending any activity or sporting event for the duration of the suspension. Disciplinary consequences will not be arranged around any activity for participation convenience. A student may be placed on probation for behavior. If inappropriate behaviors continue, he/she may be dismissed from the team. However, some serious behavior may result in immediate dismissal from the team.

Student Attendance

A student must be in attendance for at least one half-day in order to participate in that evening or after school sport/activity.

Total Participation

Students are expected to attend all practice sessions and competitions. School teams and groups should be a priority. Missing a school activity to attend other events, such as, other sports or non-school events will be dealt with on a case-by-case basis. Depending on the circumstances the student may receive a consequence or be dismissed from the group or team. Consequences will be determined by the coach, athletic director, and administration. Should an emergency arise, please contact the school so that the coach may be notified. There is a voicemail system so please leave a message if you are unable to speak to school personnel.

Team Rules

At the beginning of each sport coaches will pass out a letter of information containing rules and expectations. Failure to adhere to these rules could result in the removal from the activity. All team members must turn in a signed Code of Ethics and Concussion Form to their respective coach before their first contest. Any player who does not turn in a signed form will not participate in games until the Code of Ethics and Concussion Form is returned with proper signatures.

24-Hour Policy

In the event a problem arises during an activity or game, the school district requires a 24 hour wait period before the coach addresses any parent/guardian concerns. Coaches have responsibilities before, during, and after competitions which require their full attention to maintain a high level of safety and supervision for our students. The best time for a coach to address parents/guardians is the next day when they may give their full attention to those concerns. Parents/guardians should contact the school at 618-236- 5200 to request a meeting with the coach.

Parent Pick-up

Parents are expected to pick up their children, or arrange a ride for their children, within 15 minutes of the scheduled end of practice. If a student is not picked up by that time, they can be sent to our school's Extended School Program, and a fee will be charged. If the student is sent to ESP three times, then the parent will be required to set up an account with ESP to begin regular payments. If this is not feasible, then the student will be dismissed from the team.

Uniform Care

The Parent Teacher Organization (PTO) along with the Belle Valley School District supplies athletic teams with team uniforms. Please be very careful when cleaning all of the team uniforms. It is our hope that with proper washing and care, they will last for many years.

→ Please remember to wash the uniforms in COLD water. Fading may occur if cold water is not used

- → It is best to line dry the uniform. If needed, it can be put in the dryer on LOW HEAT or AIR DRY.
- → The district allows a student to modify his or her athletic or team uniform for the purpose of modesty in clothing or attire that is in accordance with the requirements of his or her religion or his or her cultural values of modesty preferences. A student is not required to receive the prior approval of the school administration for such modifications.

After the season has finished, the student is responsible to wash the uniform and return it to their coach in a timely manner. Damaged uniforms or uniforms not turned in will be subject to a replacement cost.

Sports, Activities, and Events

Attendance at school sponsored sports, activities, and events are a privilege. Only events sponsored by Belle Valley Schools are permitted. All school rules, including the school's discipline code and dress code are in effect during school sponsored sports, activities, and events. In particular, students shall not:

- → Use, possess, distribute, purchase, or sell tobacco materials.
- → Use, possess, distribute, purchase, or sell alcoholic beverages.
- → Use, possess, buy, sell, barter, or distribute any illegal substance or paraphernalia.
- → Use, possess, buy, sell, barter, or distribute any object that is or could be considered a weapon or any item that is a "look alike" weapon.
- → Vandalize or steal
- → Haze other students
- → Behave in a manner that is detrimental to the good of the school
- → Be insubordinate or disrespectful toward teachers and chaperones.

Students who violate the school's discipline code of conduct will be required to leave the event and the student's parent/guardian will be contacted. The school may also impose other discipline as outlined in the school's discipline code of conduct.

Behavioral Conduct

Misconduct by student-athletes will not be tolerated. Misconduct shall include but shall not be limited to:

- → Insubordination
- → Any behavior or action which is negligently or intentionally injurious to a person or property or which places a person or property at risk of injury or damage
- → Any behavior which disrupts the appropriate conduct of a school program or activity
- → Hazing, bullying, or harassment of any kind
- → Use of profanity
- → Exhibition of bad sportsmanship
- → Violation of any school rules or regulations or law

Coaches and school officials will impose disciplinary measures appropriate to the offenses committed. The discipline imposed for any particular offense shall be at the sole and exclusive discretion of the coaching staff and school officials. Any student who receives a day or more of In-School Suspension or Out-of-School Suspension may not participate in any activities, games, or practices during the duration of the consequence.

Drugs, Alcohol and Tobacco

Except with respect to prescription drugs used by the person for whom such drugs were prescribed in the manner intended by the prescribing medical doctor, the possession, use, distribution, purchase or sale of any alcoholic beverage, drug, drug paraphernalia, controlled substance, look alike, tobacco or tobacco product or any other substance which, when taken into the human body is intended to enhance performance or alter mood or mental state, including any item or substance which is represented by a student to be, or is believed by a student to be any of the foregoing, regardless of the true nature or appearance of the substance, is prohibited in school buildings, on school buses and on all other school property or school related events at any time. This prohibition shall include all school sponsored or school related activities, whether held before or after school, evenings or weekends and shall additionally include a prohibition of use by a student athlete in any instance where the school can demonstrate a reasonable connection to the school program or school

athletic program. For purposes of this procedure, students who are under the influence of prohibited substances shall be treated in the same manner as though they had prohibited substances in their possession.

Absence from School on Day of Activity

An athlete who is absent from school after noon on the day of an activity is ineligible for any activity on that day unless the absence has been approved in writing by the principal. Exceptions may be made by the coach:

- → For a medical absence pre-arranged with the coach
- → For a death in the athlete's family. An athlete who has one or more truancies or who has been suspended from school may be suspended from participation in athletic activities by administration. An athlete who is absent from school on a Friday before a Saturday event may be withheld from Saturday activities at the sole discretion of the coach.

Travel

All athletes shall travel to athletic events with the team on which the athlete competes by use of school approved means of transportation. No bus transportation will be available after sporting events. A written waiver of this rule may be issued by a coach or administrator upon advance written request of an athlete's parent or guardian and provided the parent or guardian appears and accepts custody of the athlete. In no case shall a waiver be issued unless the alternate means of transportation anticipated by the waiver will be provided by the parent. Oral requests shall not be honored and oral permissions shall not be valid.

Any student athlete found to be in violation of this policy shall be subject to discipline in accordance with the school district's athletic discipline policies, rules and regulations as provided herein.

To retain athletic eligibility, an athlete must meet all requirements outlined in the Athlete's Handbook. Any athlete not meeting the requirements will be ineligible to participate and may be dismissed from the team/program. Handbook's are given to all participants and are available upon request in the school office. Board Policy 7:240

Code of Ethics for Participation in Extracurricular Activities The superintendent, using input from coaches and sponsors of extracurricular activities, shall develop a conduct code for all participants in extracurricular

activities consistent with Board policy and the rules adopted by any association in which the School District maintains a membership. The conduct code shall: (1) require participants in extracurricular activities to conduct themselves at all times, including after school and on days when school is not in session, and whether on and off school property, as good citizens and exemplars of their school, and (2) notify participants that failure to abide by it could result in removal from the activity. The conduct code shall be reviewed by the Building Principal periodically at his or her discretion and presented to the School Board. All coaches and sponsors of extracurricular activities shall annually review the rules of conduct with participants and provide participants with a copy.

Code of Ethics

Code of Ethics forms will be signed by both parents and athletes when the student has been selected to participate in any athletic program at Belle Valley.

<u>Procedures to Deny Future Admission to School District Campus, School Events (District Campus or Away Activities), and/or School Meetings</u>

Before any person may be denied admission to school events or meetings as provided in this policy, the person has a right to a hearing before the Board. The Superintendent or Principal may refuse the person admission pending such hearing. The Superintendent or designee must provide the person with a hearing notice, delivered or sent by certified mail with return receipt requested, at least 10 days before the Board hearing date. The hearing notice must contain:

- → The date, time, and place of the Board hearing
- → A description of the prohibited conduct
- → The proposed time period that admission to school events will be denied
- → Instructions on how to waive a hearing.

Concussion Protocol

Concussion Protocol forms will be signed by both parents and athletes when the student has been selected to participate in any contact athletic program at Belle Valley.